

# Get busy on the Virtual Farm Walk

[www.virtualfarmwalk.org](http://www.virtualfarmwalk.org)



## Fascinating water facts

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Only 2.5% of the world's water is fresh water. Everything we need takes water to produce it and process it. The amount of water used is known as the 'water footprint'.

This is how much water it has taken to make each of the following:

	Water footprint (litres of water used)
Small bar of chocolate	3
One sheet of A4 paper	10
A slice of bread	40
Can of fizzy drink	62
An apple	70
An egg	135
Small bag of crisps	185
A glass of milk	200
One melon	380
Loaf of bread	565
One litre of orange juice	850
A T-shirt	1,510
One beef burger	1,550
A pair of jeans	3,785

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## A drop in demand - activity ideas

How much water do you use in a day? Keep a diary for a day of how much water you drink, wash with or use to flush the toilet.

What are the ways that we can use less water in our homes and schools?

Find out what local farms and businesses are doing to reduce the amount of water they use.

*Note: the figures above are approximate and depend on where and how each item is produced.*