

# Dig Deeper on the Virtual Farm Walk

www.virtualfarmwalk.org



## How what we eat affects the countryside

To complete this task you will need to watch the video “Does food choice affect the countryside?” in the Dig Deeper section of the Virtual Farm Walk website.

Watch carefully as the farmers fill the shopping basket, and then answer these questions:

1) Which foods went into the basket? (There were 7!) 1. ....

2. .... 3. .... 4. ....

5. .... 6. .... 7. ....

2) Why does buying milk keep the countryside green? .....

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3) What was special about the bananas? .....

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4) How can you find out where fruit and vegetables have come from? .....

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5) How does the strawberry farmer control the environment for her strawberry plants? .....

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6) What do you think the wheat farmer means by growing ‘healthy food’? .....

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7) Apart from producing food, what other benefits does farming offer? .....

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